

# Sound Healing Client Information & Consent Form

Name (Print) \_\_\_\_\_ D.O.B. \_\_\_\_\_  
Address (Street/City/Zip) \_\_\_\_\_  
Contact # (\_\_\_\_\_) \_\_\_\_\_ Okay to Text? \_\_Y / \_\_ No  
Email Address \_\_\_\_\_ Okay to email/mail newsletter? \_\_Y / \_\_ No  
Occupation: \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
How did you hear about LSYH? \_\_\_\_\_  
Have you ever had a Sound session before? \_\_Y / \_\_ No If yes, when was your last session? \_\_\_\_\_  
Number of previous sessions? \_\_\_\_\_ Do you have a particular concern today? \_\_\_\_\_  
\_\_\_\_\_  
Are you sensitive to fragrances such as incense & burning herbs? \_\_\_\_\_

Sound Healing is **NOT** a replacement for medical treatment!  
Please read and agree to the following before submitting your form:

The United States currently has no licensing policy in regard to Sound or Energy Healing, and I, Claudia D'Emilia Iafrate and Little Star Yoga and Healing, LLC. am not a licensed medical doctor or therapist. I do not diagnose conditions, perform medical treatment, prescribe medications or substances, nor interfere with the treatment of a licensed medical professional

My purpose is simply to provide a safe space for you, my client, to experience healing through natural processes. I consider the use of sound, energy, herbs, essential oils, crystals and many other natural healing modality as a way to encourage the body to return to optimal functioning. Everyone reacts to these methods individually. I make no claims for their medicinal action, however, any information offered is done so on the basis of personal experience, traditional uses and shared research.

My clients agree to make their own choices as to what they do with the educational material they have been offered and are solely responsible for their own decisions and actions. It is always my recommendation to seek out the advice of a licensed health care professional whenever they feel it is necessary in regards to their own personal health, especially if one is being treated for a serious conditions. Clients are advised to consult with their personal physician and obtain approval to attend sound sessions if they have any metal or electronic implants in their bodies, are currently under the care of a physician if have or had suffered a concussion(s) or use an insulin pump or the like. If in doubt, consult your physician before our time together.

## WHAT TO EXPECT

My work is intuitive which means that I feel the energy and work where the energy is stagnant, deficient, stuck or unbalanced. You may feel different sensations such as heat or cold, shivers, nausea, headache, relaxation, release, relief, etc. You may also feel nothing at all. Any reactions can happen immediately or even days to months later. No reaction is positive or negative, it purely is. It may mean something to you right away or it could be a mystery for a while. Both are normal. Often times, energy and vibrational healing modalities have a cumulative effect, so when you treat yourself to regular sessions, better health and well-being are natural outcomes. At the end, we can check in about anything that may have come up for you during the session.

Claudia D'Emilia Iafrate and Little Star Yoga and Healing, LLC.  
[littlestaryogaandhealing.com](http://littlestaryogaandhealing.com) [littlestaryogaandhealing@gmail.com](mailto:littlestaryogaandhealing@gmail.com) 508-269-8611

I understand that Energy and Sound practitioners do not diagnose conditions nor do they prescribe or perform medical treatment, prescribe medications or substances, nor interfere with the treatment of a licensed medical professional. I understand that Energy and Sound sessions do not take the place of medical care. It is recommended that I seek a licensed physician or healthcare professional for any physical or psychological ailment I may have. I understand that Energy and Sound sessions can complement any medical or psychological care I may be receiving. I also understand that the body has the ability to heal itself and to do so, complete relaxation is often beneficial. I acknowledge that long term imbalances in the body sometimes requires multiple sessions in order to facilitate the level of relaxation needed by the body to heal itself. I also understand that Reiki is not massage therapy and that I will remain fully clothed during a session.

I understand that:

- An assessment will be conducted to determine the general health of my energy system.
- Any suggestion made by Claudia D'Emilia Iafrate and Little Star Yoga and Healing, LLC will be to assist my body's natural ability to achieve a balanced state, to the extent that my body or my highest knowing will allow.
- The goal of my session will be identified as part of the initial process and that I will have input as well as give intent and permission for it.
- These sessions are not meant to replace treatment by established medical practices, yet they can complement them.
- There are no guarantees as to the results of sound sessions.
- I understand that Claudia D'Emilia Iafrate and Little Star Yoga and Healing, LLC is not a licensed physician and will neither diagnose nor prescribe any condition nor does she make any specific claims regarding results from the sessions that I receive. Nothing in the work Claudia D'Emilia Iafrate and Little Star Yoga and Healing, LLC does is considered the practice of traditional western medicine.

I agree to:

- Raise any questions or concerns about anything I do not understand.
- Consider any suggestions that the practitioner may raise concerning referrals to other health care practitioners, homework, or my desired focus/introspection.
- Take full responsibility for my own health care.
- Give consent to Claudia D'Emilia Iafrate and Little Star Yoga and Healing, LLC to conduct a sound session to balance my energy system. I acknowledge that this could involve touch and I can request otherwise

I have read the above statements and I understand and agree with them. My purpose to seeking the advice of Claudia D'Emilia Iafrate and Little Star Yoga and Healing, LLC is done so for educational purposes only.

I understand that Claudia D'Emilia Iafrate and Little Star Yoga and Healing, LLC does not diagnose illness, disease, or mental disorder. Nor does she prescribe medical treatment or pharmaceuticals. It has been made clear that my session is not a substitute for medical examination or diagnosis and that it is recommended that I see a medical doctor for any physical or mental ailment.

In general, a typical session begins with a short assessment to discuss my concerns, thoughts or questions. During the session I can choose to sit or lay down. While Claudia D'Emilia Iafrate and Little Star Yoga and Healing, LLC will try to make me as comfortable as possible, if I have specific needs I will make them known prior to the session. I can choose to bring my own pillow or blanket, etc.

I agree that Claudia D'Emilia Iafrate and Little Star Yoga and Healing, LLC cannot be held liable for any problems that might arise that I think could be attributed to the sound healing session. I have stated all of my known medical conditions to Claudia D'Emilia Iafrate and Little Star Yoga and Healing, LLC and if necessary I will keep her updated on my physical, mental, and emotional health. I acknowledge that Claudia D'Emilia Iafrate and Little Star Yoga and Healing, LLC practices for the purpose of providing mental/emotional/physical and spiritual support with multiple techniques. I attest that I understand the nature of the session and freely elect to receive the techniques. I release Claudia D'Emilia Iafrate and Little Star Yoga and Healing, LLC from any and all claims of malpractice, non-disclosure, or lack of informed consent.



By placing an "x" in the box above and entering your signature, you agree to the Informed Consent. A copy can be provided.